



600g Vitae Grains (New Version)



Price RM 70.00

External URL <https://www.skgratia.com>

Keywords grains, millet, pound rice, red rice, healthy drink

Hits 334

URL <https://www.uniqueyellowpages.com/app/products/detail/600g-vitae-grains-new-version-196>

VITAE GRAINS NEW VERSION

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A PRODUCT FULL OF MULTIGRAIN & NUTS

DRINK MIX FOR DAILY LIFE

FINGER MILLET, PEARL MILLET, WHEAT, BARNYARD MILLET, FOXTAIL MILLET, KODO MILLET,

LITTLE MILLET, WILD BLACK RICE, BRIDEGROOM RICE, HAND POUND RICE, PARBOILED RICE, RED RICE, MATTA RICE, BARLEY, ROASTED GRAM, BLACK GRAM, GROUNDNUT, SOYA BEAN, WHITE SORGHUM, CHICKPEAS, COW PEA, RED BEANS, HORSE GRAM, GREEN GRAM, CORN, TAPIOCA PEARLS, ALMOND, CASHEW NUTS, DRIED GINGER & CARDAMOM.

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CARA-CARA PENYEDIAAN

- MASUKKAN SATU SETENGAH SUDU. VITAE GRAINS KEDALAM CAWAN BERISI AIR SUAM 300ML ATAU DENGAN SUSU DAN KACAU BERTERUSAN UNTUK MENGELAKKAN BERKETUL
- PANASKAN DENGAN API YANG SEDERHANA SELAMA 3 MINIT SEHINGGA MENJADI PEKAT
- MASUKKAN GARAM / GULA ATAU MADU SECUKUP RASA CAMPURAN SEDIA UNTUK DIMINUM

- 1/2

300 / - .

- (3) .
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PREPARATION

- ADD 1 1/2 SPOON OF VITAE GRAINS MIX POWDER WITH 300ML OF WARM WATER OR MILK AND STIR UNTIL NO LUMPS FORMED.
- HEAT UNTIL THICKENED (3 MINUTES) & STIR CONTINUOUSLY TO AVOID LUMPS.
- TO TASTE ADD SALT / SUGAR / HONEY & SERVE WARM.

NUTRITION FACTS

SERVING SIZE 60GM

AMOUNT PER SERVING CALORIES 220

% DAILY VALUE*

TOTAL FAT 1G

1%

CHOLESTEROL 0MG	0%
SODIUM 0MG	0%
TOTAL CARBOHYDRATE 46G	17%
DIETARY FIBER 6G	22%
TOTAL SUGARS 3G	
INCLUDES 0G ADDED SUGARS	0%
PROTEIN 8G	
VITAMIN D 0MCG	0%
CALCIUM 54MG	4%
IRON 5MG	30%
POTASSIUM 296MG	6%

*THE % DAILY VALUE (DV) TELLS YOU HOW MUCH A NUTRIENT IN
A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET 2,000
CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.

STORAGE & USAGE INSTRUCTIONS:

. AFTER OPENING THIS PACK IMMEDIATELY TRANSFER IT INTO A CLEAN, DRY &
AIR TIGHT CONTAINER.
. AVOID WET SPOON TO PREVENT SPOILAGE
& LUMPS FORMATION.

SUPPLIER

SK GRATIA ENTERPRISE MALAYSIA

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