



Seth L Sherman, MD





Address Contact Person

Mobile Number

Email

450 Broadway Pavilion A Seth L Sherman MD

drsethlshermanmd@hotmail.com

Seth L. Sherman, MD, is a board-certified, fellowship-trained Sports Medicine physician and third-generation team doctor. Based in Redwood City, CA, he serves as Orthopedic Surgeon for Stanford Cardinal Football and directs the Sports Medicine fellowship. Dr. Sherman specializes in arthroscopic and minimally invasive knee and shoulder surgery, with expertise in joint preservation, cartilage restoration, and the patellofemoral joint. As a tertiary care provider, he offers both non-surgical and advanced surgical solutions for active patients, including those with complex or failed prior treatments.

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